

How to Change the Temperature on the 400 MHz NMR Spectrometer

1. Insert your sample into the NMR.
2. Double click the probe temperature icon at the bottom of the screen.
3. Turn on "VTU state."
4. Under target temperature, click on "set."
5. Click on "temperature."
6. Click on "OK."
7. Wait until probe temp at bottom of screen turns green (typically about 10 minutes) and collect your spectrum.
8. If running sample at other temperatures, repeat steps 2-7.
9. **When finished, TURN OFF VTU state.**